

Ubah Medical Academy


April 2019

HOT LUNCH

Prices: Student - No Charge, Adults - \$5.00

SERVED DAILY

Regular Entrée
 Fresh Green Salad - Garden, Caesar, Spinach Mix, Oriental, OR Mediterranean
 Low Fat Dressing/Dip
 Fresh Veggies - Carrots, Broccoli, Cucumber, OR Celery
 Fresh Fruit - Apple, Orange, OR Banana
 Variety of Milk, including Skim

Monday	Tuesday	Wednesday	Thursday	Friday
1st	2nd	3rd	4th	5th
Chicken Patty on Bun Potato Wedges Salad, Veggies, Fruit, Milk	Italian Pasta w/ Meat Sauce Dinner Roll Salad, Veggies, Fruit, Milk	Seasoned Chicken Leg Yellow Rice Salad, Veggies, Fruit, Milk	Beef Gyro w/ Cucumber Sauce Pita w/ Hummus Salad, Veggies, Fruit, Milk	Cheese Pizza Salad, Veggies, Fruit, Milk
8th	9th	10th	11th	12th
Beef Patty on Bun Potato Wedges Salad, Veggies, Fruit, Milk	Chicken Shawarma Hummus w/ Pita Bread Salad, Veggies, Fruit, Milk	Beef Lasagna Garlic Breadstick Salad, Veggies, Fruit, Milk	Chicken Tandoori Yellow Rice Salad, Veggies, Fruit, Milk	Cheesy Breadsticks & Marinara Sauce Salad, Veggies, Fruit, Milk
15th	16th	17th	18th	19th
Chicken Patty on Bun Roasted Potatoes Salad, Veggies, Fruit, Milk	Beef Gyro w/ Pita & Cucumber Sauce Salad, Veggies, Fruit, Milk	Mac & Cheese Dinner Roll Salad, Veggies, Fruit, Milk	Beef & Cheese Nachos Baked Beans Salad, Veggies, Fruit, Milk	Cheese Pizza Salad, Veggies, Fruit, Milk
22nd	23rd	24th	25th	26th
Spaghetti w/ Meatballs Garlic Breadsticks Salad, Veggies, Fruit, Milk	Tilapia Yellow Rice Salad, Veggies, Fruit, Milk	Beef Patty on Bun Baked Beans Salad, Veggies, Fruit, Milk	Chicken Strips Mashed Potatoes & Roll Salad, Veggies, Fruit, Milk	Cheesy Breadsticks & Marinara Sauce Salad, Veggies, Fruit, Milk
29th	30th	 <p>Done Right Food School & Event Catering Services</p>		
Chicken Patty on Bun Potato Wedges Salad, Veggies, Fruit, Milk	Beef Lasagna Garlic Breadstick Salad, Veggies, Fruit, Milk			

BREAKFAST

Prices: Student - No Charge, Adults - \$2.00

SERVED DAILY

Fresh Fruit - Apple, Orange, OR Banana
 Fruit Juice - Apple, Grape OR Orange
 Variety of Milk, including Skim

French Toast w/ Syrup Fruit, Juice, Milk	Fruit Yogurt w/ Granola Fruit, Juice, Milk	Pancake w/ Syrup Fruit, Juice, Milk	Assorted Muffins Fruit Yogurt Fruit, Juice, Milk	Waffle w/ Syrup Fruit, Juice, Milk
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**MENUS SUBJECT TO INFREQUENT CHANGE
 BASED ON AVAILABILITY OF ITEMS**
 Note: Menus may use ingredients that contain
 peanuts, other nuts/seeds, milk, egg, soybean,
 and other products.

This institution is an equal opportunity provider.

Our Commitment

“Healthy Food, Healthy Message”

We provide wholesome, delicious, real food
 that helps teach the right message to children.

ANY QUESTIONS? CONTACT:

School Office @ 952-540-2945 or
 DONE RIGHT FOOD @ 763-789-4493 or
www.donerightfood.com