

Ubah Medical Academy


December 2018

HOT LUNCH

Prices: Student - No Charge, Adults - \$5.00

SERVED DAILY

Regular Entrée
 Fresh Green Salad - Garden, Caesar, Spinach Mix, Oriental, OR Mediterranean
 Low Fat Dressing/Dip
 Fresh Veggies - Carrots, Broccoli, Cucumber, OR Celery
 Fresh Fruit - Apple, Orange, OR Banana
 Variety of Milk, including Skim

Monday	Tuesday	Wednesday	Thursday	Friday
3rd	4th	5th	6th	7th
Chicken Patty on Bun Potato Wedges Salad, Veggies, Fruit, Milk	Seasoned Chicken Leg Yellow Rice Salad, Veggies, Fruit, Milk	Cheese Lasagna Garlic Breadstick Salad, Veggies, Fruit, Milk	Beef & Cheese Nachos w/ Refried Beans Salad, Veggies, Fruit, Milk	Mac & Cheese Soft Breadstick Salad, Veggies, Fruit, Milk
10th	11th	12th	13th	14th
Hamburger Potato Wedges Salad, Veggies, Fruit, Milk	Swedish Meatballs w/ Pasta Soft Breadstick Salad, Veggies, Fruit, Milk	Soft Shell Beef Taco Pinto Beans Salad, Veggies, Fruit, Milk	BBQ Chicken Leg Steamed Corn & Roll Salad, Veggies, Fruit, Milk	Pizza Salad, Veggies, Fruit, Milk
17th	18th	19th	20th	21st
Soft Shell Chicken Taco Baked Beans Salad, Veggies, Fruit, Milk	Seasoned Tilapia Steamed Rice Salad, Veggies, Fruit, Milk	Chicken Patty Sandwich Potato Wedges Salad, Veggies, Fruit, Milk	Pizza Salad, Veggies, Fruit, Milk	Mac & Cheese Dinner Roll Salad, Veggies, Fruit, Milk
24th	25th	26th	27th	28th
No School	No School	No School	No School	No School
26th	 <p>Done Right Food School & Event Catering Services</p>			
No School				

BREAKFAST

Prices: Student - No Charge, Adults - \$2.00

SERVED DAILY

Fresh Fruit - Apple, Orange, OR Banana
 Fruit Juice - Apple, Grape OR Orange
 Variety of Milk, including Skim

French Toast w/ Syrup Fruit, Juice, Milk	Fruit Yogurt w/ Granola Fruit, Juice, Milk	Pancake w/ Syrup Fruit, Juice, Milk	Assorted Muffins Fruit Yogurt Fruit, Juice, Milk	Waffle w/ Syrup Fruit, Juice, Milk
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**MENUS SUBJECT TO INFREQUENT CHANGE
 BASED ON AVAILABILITY OF ITEMS**
 Note: Menus may use ingredients that contain
 peanuts, other nuts/seeds, milk, egg, soybean,
 and other products.

This institution is an equal opportunity provider.

Our Commitment

“Healthy Food, Healthy Message”

We provide wholesome, delicious, real food
 that helps teach the right message to children.

ANY QUESTIONS? CONTACT:

School Office @ 952-540-2945 or
 DONE RIGHT FOOD @ 763-789-4493 or
www.donerightfood.com